

J. Ragani Buegel, L.Ac.

Board Certified & Licensed Acupuncturist
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Greetings, new clients...

Please fill out the enclosed paperwork and bring it with you for your first appointment with me. We will do the initial intake by phone, and it will take approximately 20-30 minutes. Your in-person acupuncture sessions will each last for one hour. My office is located on the second floor of the GreenSquare Center building, located at 6789 N. Green Bay Ave. in Glendale, Wisconsin. Should you choose not to use the stairs by the entrance door, a lift is available just past the first floor inner lobby door (because it is a European-style lift, it takes a full 30 seconds to travel between floors—good time for a mini-meditation!)

For your acupuncture appointments, please make sure to eat something within 1-3 hours prior to your treatment session (receiving an acupuncture treatment on an empty stomach may leave you feeling a little dizzy and lightheaded), and wear loose, comfortable clothing (we have gowns and other covers we will use as needed for treatments).

If you are ill or have symptoms such as a fever, sore throat, or cough, or if you have been in contact with individuals who have tested positive for COVID, please contact me immediately and we will reschedule your appointment. You will not be charged for any late cancellation if you are not feeling well.

As a licensed acupuncturist, I do not provide primary care medicine. Acupuncture is a wonderful complement to Western medicine, but it is not a substitute for it. If you have a serious health concern or need a medical diagnosis, you will need to see a physician. Acupuncture can, however, provide complementary care for conditions that require the care of a physician (i.e. acupuncture may help to reduce the need for anti-inflammatory medication for pain conditions, etc.).

I look forward to working with you, and I will truly do my best to help you experience wellness and healing on all levels.

Warmly,



J. Ragani Buegel, L.Ac.